

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Claerhout John

Coaches: Van der Elst Astrid

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:4, starttime: 14:58
Heat: 4/10 Lane : 2 Athlete: GHYSELBRECHT BENT					Q-time: 01:35:99
PB (25m pool): 01:35.99 Brugge 04/10/2026					PB (50m pool): 01:41.05 SB: 01:35.99 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.54		01:35.99	
	00:45.54		00:50.45		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 15:00
Heat: 5/10 Lane : 8 Athlete: DE BUSSCHER VIC					Q-time: 01:33:86
PB (25m pool): 01:33.86 Brugge 04/10/2026					PB (50m pool): 01:42.98 SB: 01:33.86 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.80		01:33.86	
	00:43.80		00:50.06		
					

Coach feedback:

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:3, starttime: 15:16
Heat: 3/5 Lane : 3 Athlete: DHAESELEER FRAN					Q-time: 01:16:89
PB (25m pool): 01:16.89 WAREGEM 21/04/2025					PB (50m pool): 01:19.92 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.46		01:16.89	
	00:36.46		00:40.43		
					

Coach feedback:

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Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:4, starttime: 15:18
Heat: 4/5 Lane : 8 Athlete: VANLANCKER YNTHE					Q-time: 01:19:78
PB (25m pool): 01:19.78 Zwembad De Motte 14/07/2026					PB (50m pool): 01:24.09 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.61		01:19.78	
	00:37.61		00:42.17		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:1, starttime: 15:22
Heat: 1/4 Lane : 1 Athlete: VANVYAENE MATTHYS					Q-time: 01:23:47
PB (25m pool): 01:23.47 Eeklo 21/09/2025					PB (50m pool): 01:32.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.04		01:23.47	
	00:39.04		00:44.43		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:1, starttime: 15:22
Heat: 1/4 Lane : 3 Athlete: DEBECKER MATHEO					Q-time: 01:16:08
PB (25m pool): 01:15.57 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:21.44 SB: 01:15.57 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.43		01:15.57	
	00:35.43		00:40.14		
					

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:3, starttime: 15:51	
Heat: 3/6 Lane : 5 Athlete: SYRYN JASPER							Q-time: 02:18:70	
PB (25m pool): 02:15.08 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:20.51 SB: 02:15.08 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.61		01:05.39		01:41.54		02:15.08
	00:30.61		00:34.78		00:36.15		00:33.54	
								

Coach feedback:

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Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:2, starttime: 16:28
Heat: 2/10 Lane : 7 Athlete: DE BUSSCHER VIC					Q-time: 01:25:92
PB (25m pool): 01:25.92 Brugge 04/10/2026					PB (50m pool): 01:28.62 SB: 01:25.92 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.89		01:25.92	
	00:41.89		00:44.03		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:5, starttime: 16:35
Heat: 5/10 Lane : 6 Athlete: GHYSELBRECHT BENT					Q-time: 01:21:17
PB (25m pool): 01:22.21 Brugge 04/10/2026					PB (50m pool): 01:21.17 SB: 01:22.21 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.10		01:22.21	
	00:40.10		00:42.11		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:4, starttime: 17:00	
Heat: 4/4 Lane : 8 Athlete: DHAESELEER FRAN							Q-time: 02:24:34	
PB (25m pool): 02:24.34 Meulebeke 10/05/2026				PB (50m pool): 02:31.93SB: 02:28.35 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.61		01:10.53		no time		02:24.34
	00:34.61		00:35.92					
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:3, starttime: 17:11	
Heat: 3/4 Lane : 6 Athlete: VANVYAENE MATTHYS							Q-time: 02:17:93	
PB (25m pool): 02:15.41 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:23.45 SB: 02:15.41 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.99		01:04.94		01:40.29		02:15.41
	00:30.99		00:33.95		00:35.35		00:35.12	
								

Coach feedback:

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Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:4, starttime: 17:14	
Heat: 4/4 Lane : 8 Athlete: DEBECKER MATHEO							Q-time: 02:14:46	
PB (25m pool): 02:14.46 Brugge 04/10/2026				PB (50m pool): 02:17.90 SB: 02:14.46 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.96		01:06.15		01:40.61		02:14.46
	00:31.96		00:34.19		00:34.46		00:33.85	
								

Coach feedback: